

Find the prayer mat

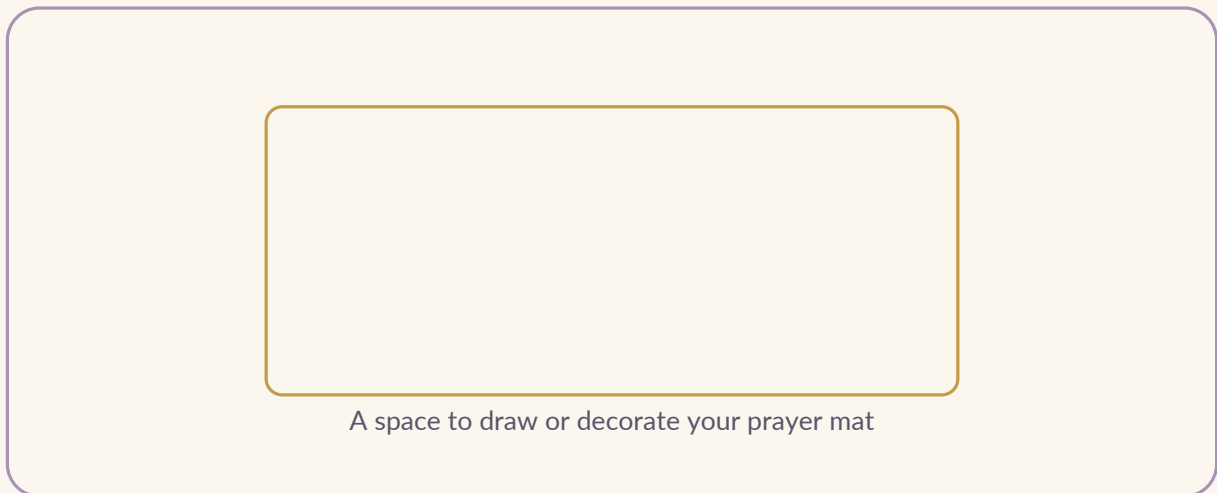
An original, screen-free learning activity

Find a clean prayer mat in your home. Point to it, help unroll it and draw its shape below.

Try together

- ☐ Point to the prayer mat.
- ☐ Say or sign “mat” together.
- ☐ Draw its shape or decorate the rectangle.

Find, trace or draw



For grown-ups

Let your child respond by looking, pointing, moving or speaking. Pause, model the answer warmly and stop when they are ready.

Object-recognition only, not a full Salah demonstration. Full guidance: stepbystepsalah.com/learn-how-to-perform-salah/

Find Alif and Baa

An original, screen-free learning activity

Find Alif and Bā'. Point to Bā's dot below. Trace the two letters or draw them in the empty boxes.

Try together

- ☐ Find Alif, the tall straight letter.
- ☐ Find Baa: it has one dot below.
- ☐ Trace or draw both shapes.

Find, trace or draw

ب

Baa

ا

Alif

For grown-ups

Let your child respond by looking, pointing, moving or speaking. Pause, model the answer warmly and stop when they are ready.

Use a competent Arabic speaker to model names/sounds correctly. Full reference: stepbystepsalah.com/arabic-alphabet/

Remember Bismillah

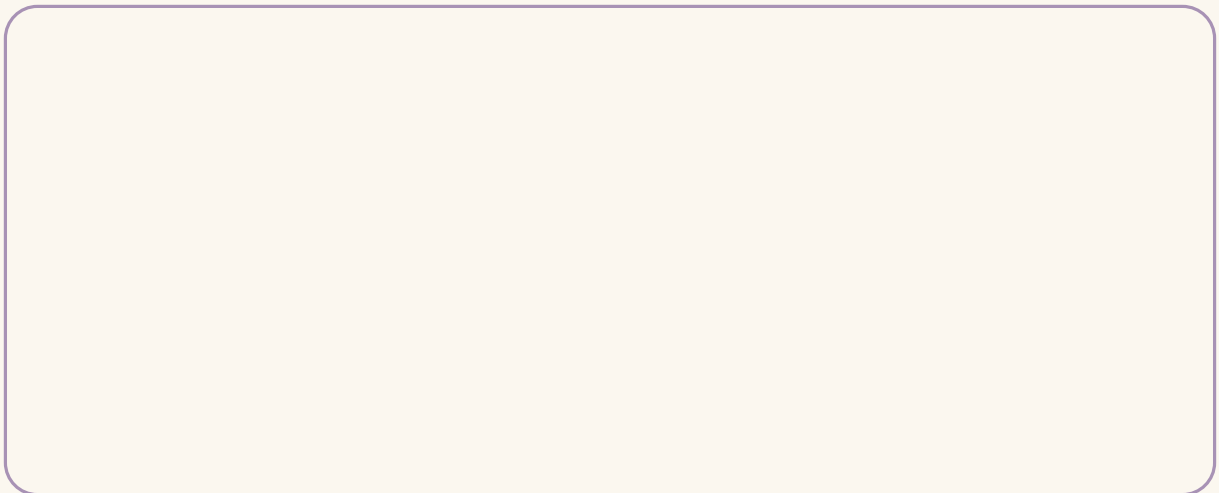
An original, screen-free learning activity

With a grown-up, practise saying “Bismillah” before eating. Draw a familiar cup, spoon or food in the box below.

Try together

- ☐ Listen to “Bismillah”.
- ☐ It means “In the name of Allah”.
- ☐ Practise before eating with a grown-up.

Find, trace or draw



For grown-ups

Let your child respond by looking, pointing, moving or speaking. Pause, model the answer warmly and stop when they are ready.

Food safety: choose an appropriate item and supervise; eating is not required. Source: Sahih al-Bukhari 5376.